

**Cannabis/CBD Revolution:
A Case for the Prevention and Treatment of Hair Loss
and Overall Health / Wellness**

"High-quality Cannabidiol (CBD) used on an intended, consistent basis possesses the potential to stimulate hair growth, making it an attractive natural alternative for preventing and treating hair loss." ~ Sherri Renée Romm

Hair loss and thinning hair are reflective of inflammation, auto immune responses and general unhealth in the body. Cannabis/CBD helps to create overall "homeostasis" in the body which is in direct support of preventing hair loss and stimulating hair growth, in addition to many other mental and physical health benefits.

The Cannabis/CBD Revolution is a two-day workshop that provides a fundamental understanding of Cannabis, CBD, and its cannabinoid bioactives. The focus will be on understanding our Endocannabinoid System (ECS) and how Cannabis/CBD is a naturopathic complement to over 11 of your bodily systems. We will explore significant cannabinoids, terpenes, and flavonoids and their effects on our health profile. Learn to incorporate Cannabis/CBD as preventative and reparative physical and mental health adjuncts.

Topics covered include:

- Cannabis/CBD Fundamentals
- Our Endocannabinoid System (ECS)
- How CBD/Other Cannabinoids Work in Your Body
- CBD/The Swiss Army Knife of Holistic Healing
- Major Cannabinoids, Terpenes, and Flavonoids and Their Role in Health
- Cannabis/CBD for Preventative/Reparative Healing for Physical and Mental Health
- Cannabis Myths and Facts
- Cannabis Products & Delivery Methods
- User's Guide to Proper Dosing Protocols
- Important Healthy Hair Strategies
- Safe Cannabis Use

INSTRUCTOR:

Sherri Renée Romm

Certified Educator, Holistic Health Consultant
Cannabis Health & Healing/Green-Flower University
Plant Medicine/Cornell University
Plant-based Nutrition/Cornell University